



ALCE – Appetite for Learning Comes with Eating

ALCE is an innovative and participative project gathering women from different social, cultural and ethnic contexts and belonging to two different age ranges. Through a series of group activities to acquire knowledge, enhance capacity-building and intergenerational exchange, the project aims at developing learning skills, building long-lasting networks and promoting the dialogue between the different groups making up modern society.

ALCE is a 2-year **Grundtvig Multilateral Project** that will take place from 1st November 2012 to 31st October 2014 under the **Lifelong Learning Programme**.

PROJECT PARTNERS

CESIE Centro Studi ed Iniziative Europeo (Italy)- Coordinator

Merseyside Expanding Horizons MEH (England)

Verein Multikulturell VM (Austria)

Elan Interculturel (France)

Senior Initiative Center SIC (Lithuania)

ALCE Target

ALCE is addressed to different target groups both in the short and in the long term.

The direct target groups are: senior local women over 60. Young migrant women between 18 and 40 years and trainers expert in adult training.

ALCE objectives

- Promote integration of social groups victims of multiple discrimination;
- Promote the acquisition of key competences through non-formal learning processes;
- Foster intercultural and intergenerational dialogue;
- Exchange culinary traditions and natural curative remedies.

ALCE IN 2013

ACTIVE LEARNING TRAINING COURSE

The learning phase involved migrant women between 18 and 40 years and local women over 60. The women were involved in weekly meetings (from April to November 2013). During the meetings the food was the binding agent allowing to address themes such as: transmission of personal cultural and culinary knowledge, discrimination, cultural identity, intercultural and intergenerational dialogue.

The main activities were:

- Sharing of traditional recipes and natural remedies related to childhood or family context,
- Creation of fusion recipes
- Production of a [Cook book](#) collecting all the recipes proposed by the women
- Organisation of a local cultural event on culinary traditions and natural remedies.

After the training, each woman received a certificate of attendance and a certificate recognising the key competences acquired (cultural, civic, entrepreneurial, digital, linguistic competences).



CULTURAL EVENT IN PALERMO

On 23rd November 2013, the Italian women group, supported by CESIE staff, organised the cultural event [*Around the world on a carpet of flavours*](#).

The event was divided in two phases: the cooking workshops in the morning at Palazzo Branciforte and the final event in the afternoon at the Palab Association, with also some workshops of food education for children.

All the activities were organized by the women who participated in the project. At the end of the day a buffet was offered with the food prepared during the workshops and the *live cuisine* at Palab.

The event involved more than 100 participants belonging to different communities in Palermo.



MOBILITY EXPERIENCE

In the framework of active training, some women took part in a learning mobility that allowed them to get to know the women who made the same experience in the other partner countries.

The first mobility experience was the EUROPEAN ACTIVE LEARNING TRAINING COURSE that took place in Innsbruck, Austria, from 29th September to 2nd October 2013. Two women from each partner country met to share their training path and their ideas for the organization of the cultural event. The objective was to collect the best ideas and share them with their group in their own country.

The second mobility experience was included in the ROADMAP of cultural events that took place in November 2013. Each partner organized a cultural event in its city, hosting three women from a country and sending three other women in another partner country. The Italian cultural event took place in Palermo on November 23rd, with a group of French women attending, while the women representing the Italian group took part to the event in Kaunas, Lithuania.



ALCE IN 2014

In 2014, the partners will be involved in the evaluation of the training experience with the women in order to create a pedagogical manual.

Moreover, a final seminar will take place in Kaunas, Lithuania, involving some of the women (two for each country) who attended the local training.

CONTACTS

Website: <http://appetiteforlearning.eu>

Facebook page: <https://www.facebook.com/appetiteforlearning.eu>

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USEFUL LINKS

<http://cesie.org>

<http://www.palazzobranciforte.it/home.php>

<http://www.palab.it/contatti/index.htm>



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