



## **REPORT ON EVALUATION SHEETS FOR PARTICIPANTS after module 5 of ALTC**

### **A. Introduction**

In order to evaluate the impact of ALTC training, it has been created: Document N°7 - Evaluation sheet for participants of the training modules, administrated after Module 5. That is after the European ALTC in Austria (which has gathered participants from each groups) and before the implementation of the roadmap of events.

Throughout this evaluation tool, participants have assessed the following modules:

Module 1: “Community Mapping and Intercultural Learning” (1 session – 2 to 3 hours).

This module has focused on the familiarisation with the programme and activities, getting to know each other, and each other’s cultural backgrounds. Main activities have been “Community Mapping” (where women analysed their knowledge on the other communities concerning places to eat and buy food, etc) and the discussion about their knowledge on other culinary traditions and natural curative methods. It was a precious moment for participants to understand their stereotypes and preconceptions.

Module 2: “Learning on culinary traditions & natural curative methods” (2 sessions – 4 to 6 hours). During these sessions, the women had the opportunity to present to others characteristics of their culinary traditions and natural curative remedies from their cultural backgrounds. Afterwards, in small groups, they cooked one of the recipes presented before or a new one on the basis of participant’s culinary traditions.

Module 3: “Knowledge transmission” (1 session – 2 to 3 hours). In this module participants had the chance to analyse their difficulties in transmitting their cultural knowledge to other communities and generations and to develop together some grassroots strategies for exchanging intercultural and intergenerational transmission.

Module 4: “Ideation of the Book” (2 sessions – 4 to 6 hours). During these sessions, participants got acquainted with basic digital competencies in order to work on the creation of the Book on culinary traditions and Natural Curative Methods. The women also exchanged ideas regarding the graphics and structure of the book, to be created at European Level.

Module 5: “How to create a cultural event” (2 sessions – 4 to 6 hours)

Participants were trained on how do develop a cultural event in order to build the European roadmap of cultural events. Ideas and conclusions were collected so that two women would present them in the European ALTC in Austria.

### **B. Evaluation results**

3 dimensions were evaluated

# ALCE

*Appetite for Learning Comes with Eating*



Lifelong  
Learning  
Programme

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## Content

To what extent did the training help the participants to learn about: Intercultural Learning, Organisation of a cultural event, Communicational Competences, Curative methods, Culinary traditions, Book creation, Intergenerational learning,

## Dynamics

To rate the training on the following dynamics; Fun, Interesting, Useful, collaboration with others, Informative, Sociable

## Overall satisfaction

To what extent were the women satisfied with the structure and the implementation of the training, the meaningfulness and the learning outcomes and the social exchange between participants.

### Results of participants from ALTC in France

#### Content

#### Dynamics

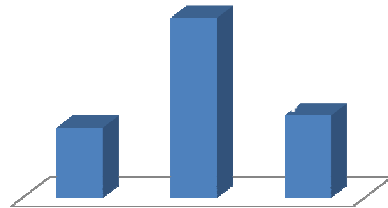
#### Overall satisfaction

Participants from ALTC in France were 86 % satisfied with the content showing that the most relevant content for them was the intercultural and the intergenerational learning.

They were 94 % satisfied with the dynamics of the project, finding it fun and interesting.

These questionnaires show an overall satisfaction of 92 %, highlighting the training and the social exchange as the most meaningful component.

### Results of participants from ALTC in Italy



**Content**

**Dynamics**

**Overall satisfaction**

Italian participants were 85 % satisfied with the content showing that the most relevant content for them was the book creation and the organisation of a cultural event.

They were 94 % satisfied with the dynamics of the project, finding it useful and sociable.

These results reflect an overall satisfaction of 86 % highlighting the new knowledge and the social exchange as the most meaningful component.

#### Results of participants from ALTC Lithuania

**Content**

**Dynamics**

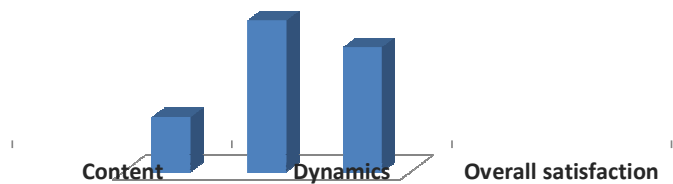
**Overall satisfaction**

Lithuanian participants were 93 % satisfied with the content showing that the most relevant content for them were the Communicational Competences and the Curative methods.

They were 99 % satisfied with the dynamics of the project finding it informative and fun.

These results show an overall satisfaction of 95 % highlighting the structure and implementation of the training as the most meaningful component.

#### Results of participants from ALTC UK

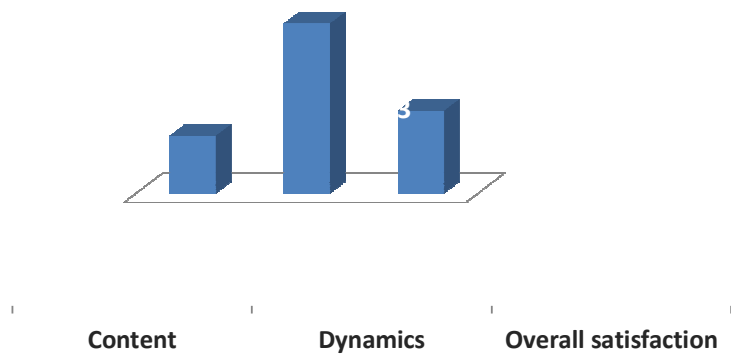


English participants were 88 % satisfied with the content showing that the most relevant content for them were the organisation of a cultural event and the intercultural learning.

They were 94 % satisfied with the dynamics of the project finding it Interesting and sociable.

These results reflect an overall satisfaction of 92 % highlighting the meaningfulness and the learning, new knowledge as the most important components.

#### Results of participants from ALTC Austria

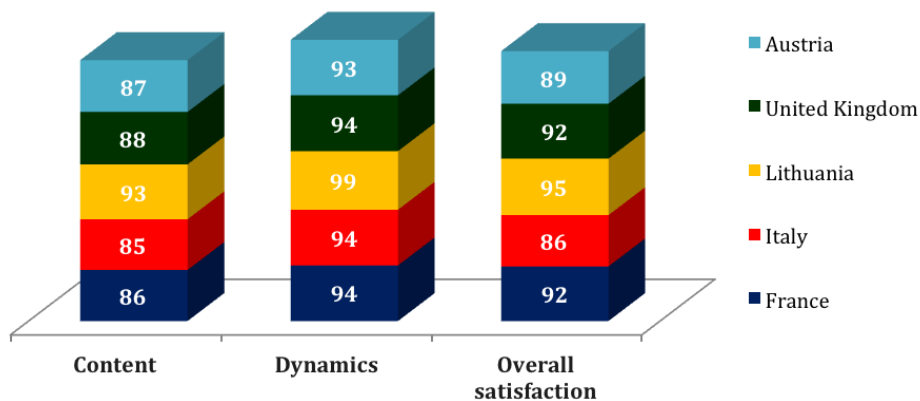


Austrian participants were 87 % satisfied with the content showing that the most relevant content for them were the Intergenerational learning and the creation of the book.

They were 93 % satisfied with the dynamics of the project finding the collaboration with others an important component.

These results show an overall satisfaction of 89 % highlighting the structure and implementation of the training as the most meaningful component.

**Overall conclusions:**



Evaluation of ALTC training after Module 5 shows an overall satisfaction in the 3 dimensions taken into consideration. High percentage scores across the partner countries let us know that

the participants enjoyed being a part of the ALTC training. Dynamics are the most appreciated dimension meaning fun, sociable, interesting, useful, informative and empowering the collaboration with others.